



**MAHARAJA BAHADUR RAM RAN VIJAY PRASAD SINGH COLLEGE, ARA**

**(MAHARAJA COLLEGE, ARA)**

(A Post Graduate Unit of Veer Kunwar Singh University, Ara)

**Dist. - Bhojpur (Bihar) Pin:-802301**

**Two institutional best practices (as per NAAC format)**

**(2017-2018)**

**Best Practice 1**

**Title of the Practice:**

**Sense of Social and Moral Responsibility**

The institution must serve as a space for nurturing the latent talents of an individual, enabling the development of a holistic personality with the sense of social and moral responsibility.

**Objectives of the Practice:**

- a. To develop physically fit, intellectually keen, morally upright and socially committed individuals.
- b. Developing a healthy body and discerning qualities of the mind fostering understanding, compassion and self-control.

- c. Fostering necessary life skills and academic finesse
- d. Developing social commitment in students and fostering responsible citizenship
- e. Bringing in spiritual wellness and meaning to one's life and society at large.

**The Context:**

This practice is identified in the context of fostering the unique individuality of each student and of the formation of a well-structured society. The college fosters the physical, emotional, social and spiritual well-being of the students to equip them to meet the job requirements of today and to mould them as better human beings, serving the society as good citizens. It is in this context that this becomes the best practice.

**The Practice:**

Efforts are taken for encouraging the students to be a part of value-based learning initiatives with special emphasis on their physical capabilities, emotional abilities, social skills and spiritual wellbeing in moulding them as worthy citizens of the nation. Taking part in flood relief activities and other activities provided through various platforms are intended to inculcate social values. Sense of rights and responsibilities are encouraged through initiatives like anti ragging pledge, anti-dowry campaign, blood donation campaigns.

**Evidences of Success:**

Our students make us proud by actively volunteering in the various social service initiatives like blood donation camps, extension activities, and other outreach programmes of the college. The numerous NSS awards that college has fetched over years is a testimony of the college's efforts to extend service to society. Students have come forward irrespective of all the differences and difficulties during the toughest times of flood to extend their services in relief camps. The college works hard that students inculcate cultural, social and moral responsibilities and induce the growth of the country.

**Problems Encountered and Resources Required:**

Measuring the skill development on an objective basis is a difficult task and so also is ensuring participation in all students in all activities. The location of the institution at the heart of the town sometimes exposes the unhindered activities of the college.

## **Best Practice 2**

### **Title of the Practice:**

### **PROMOTION OF SPORTS CULTURE**

The college is known for its excellence and dedicated efforts in making sports popular among students. Undoubtedly sports is always an essential component of a liberal education. College is committed to inspire, encourage and empower young students towards sports. Sport provides students with much more than stronger and fitter body. We believe that sport has a huge impact on positive self-esteem.

### **Objectives of the Practice:**

The objectives of the practice are

- a. To nurture confidence, social skill, ambitions, team work and ability to deal with setbacks.
- b. To improve the health status and level of fitness of the inmates of the college and the neighbourhood community through an effective Physical fitness programme.

**The Context:**

Sports activities are much significant for healthy growth and development. The inventions of electronic devices and mobiles have taken away the physical and mental health of everyone, be it children or the elderly. The college takes utmost care to create awareness among the faculty, the students and the community about their wellness. Sports are not only our extracurricular activity but it boosts the youth and instils pride among them. It is a good tool for community outreach, helps us to facilitate socio – economic development of our nation.

**The Practice:**

The College has a separate sports room which has a Professor In charge. The Sports Room has been renovated and has the facility of an Indoor Gym with State of Art Treadmills. There is a multi- purpose gym installed in the sports room and dumbles. The college also empowers students through sports events regularly including athletics, table tennis, weightlifting, football, cricket, volleyball, handball, hockey, archery, chess etc. and encourage them to practice daily in its own ground. A sports committee comprising faculty members holds regular meetings for more improvement.

**Evidences of Success:**

The college has won many medals including gold and silver in intercollege, interuniversity and even on state and international level the college students show their talent. Both men and women students won medals and represent the institution in different sports events.



MAHARAJA COLLEGE - SPORTS		
SESSION - 17 -18		
GAME / PLAYERS	Position in V.K.S. U.	Section
1. Chess - 1	2nd position in V.K.S.U	
2. Taikwando-	Gold Medle (Men ) V.K.S.U	
-	Gold Medle (Women) V.K.S.U	
3. Wrestling-1	Gold in 56 kg (Abhishek Kumar Shukla)	
4. Table Tennis 4+4	Winner	Men
	Runner	Generals
5. Foot ball-16-	Winner	Men
6. Athletic-15 -	Winner	Men

#### Problems Encountered and Resources Required:

There is a need for more financial support and more facilities to the students who participate in different sports activities. Though, the college is taking great efforts to motivate our students for more sportsmanship.