

Hyper sensitivity (Type I, II, III and IV)

Hyper sensitivity reactions are associated with immune responses induced by antigens. This depends on recognition of molecular components of antigen bearing pathogens from those of hosts (man or animals) as foreign. A variety of food is eaten by living organisms but they do not develop any immune responses and hyper sensitivity reactions. But some times they cause over reaction of immune system called hypersensitivity reaction or allergy.

Frank Austen has studied allergy and anaphylaxis and called the non-inflammatory reactions caused by mast cells as Type I hypersensitivity. Robin Coombs and Philip Gell (1975) divided the hypersensitivity reactions into 5 groups. Type I, II and III are hypersensitivity reactions mediated by humoral immunity involving B cells and antibodies. Type IV is accomplished by cell mediated immunity involving T cells. Type IV hypersensitivity reactions takes longer time hence it is called as delayed type of hypersensitivity reaction. Type V HS reaction is stimulatory HS mediated by hormonal activity.

I Type Hypersensitivity reaction. Most of the allergic reactions occur due to Type I hypersensitivity. The reactions occur due to binding of antigen to antigen specific immunoglobulin-E (IgE) bound to its Fc receptors chiefly on mast cells. This reaction is induced by inhaled allergens such as mold spores, faeces of house dust mites, Pollen grains of plants hair, scalp, some flakes of dead animal cells. The above reactions causes running of nose, difficulty in breathing and in severe cases asphyxiation leading to death.

various aspects of

- Type I hypersensitivity reaction would comprise
- (i) Response of IgE antibodies to antigens.
 - ii) Role of IgE receptors
 - iii) Response of mast cells to antigens
 - iv) Clinical aspects of type I hypersensitivity reaction.
 - v) Genetic control of type I hypersensitivity.
 - (vi) Mediators of Type I HS.
 - (vii) Consequences of Type HS.
 - (viii) Diagnosis of Type I HS.
 - ix) Treatment and prevention of type I HS.

The Type I hypersensitivity reactions involve response of IgE antibodies, cytokines, mast cells, basophils and eosinophil cells along with various clinical manifestations. Type I reactions are also called as immediate hypersensitivity reaction. It is induced by certain type of antigens, ref. referred as allergens. The allergens induces humoral antibody response IgE binds with high affinity Fc receptors on the surface of tissue mast and basophils, such IgE coated mast cells and basophils are sensitized. A later exposure to the same allergen cross links the membrane bound IgE on sensitized mast cells and basophils causing degranulation of these cells. The pharmacologically active mediators released from the granules act on the surrounding tissues.

- Common Allergen Associated with Type I Reaction
- 1/ Proteins - foreign serum, vaccines
 - 2/ Plant Pollens rye grass, ragweed, timothy grass, birch trees.
 - 3/ Drugs penicillin, sulphonamides, local anaesthetics, salicylates.

3

Food - nuts, Seafood, eggs, Peas, beans, milk
Insect products - bee venom, wasp venom,
ant venom, Cockroach calyx dust mites
Mold spores, animal hair and dander.

Mechanism of Action -

- 1) Receptor cross linkage
- 2) Intracellular events leading to mast cell degranulation.

Non IgE Antibody-Related Initiators of Type I Hypersensitivity.

Complement Activation products
C3a, C4a, C5a "Anaphylatoxin"

various Drugs; - ACTH, Cocaine, Morphine
Penicillin

Mediators of Type I Hypersensitivity

Stored in mast cell granules

Histamine, Heparin and Serotonin

Permeability

Increased vascular
Smooth Muscle contraction

chemotactic factors

Eosinophils and Neutrophils Attract Eosinophils
& Neutrophil

Proteases - Degrade Basement membrane of
blood vessels, Activate bronchial
mucous secretion, Activate complement

Secondary Mediators of Type I Hypersensitivity

Synthesized and Released After Mast cell Activation
Platelet Activating factor

Degranulation
Prostaglandins

Platelet Aggregation &
Smooth muscle contraction
vasodilation, smooth muscle
contraction

Leukotrienes (L₄-A) Increased vascular
Permeability Pulmonary smooth
muscle contraction

Bradykinin - Increased vascular Permeability
Smooth muscle contraction.

Cytokines Systemic Anaphylaxis

Altered cell adhesion

Detection of type I hypersensitivity
Radioimmunoassay test (RIAT) ~~used~~
quantify Nano gram amounts of total
serum IgE

Radioallergen sorbent test (RAST) quantify
Nano gram amounts of serum IgE
Specific for a particular allergen

To treat Type I immediate Hypersensitivity
Based on the underlying Mechanisms

- 1) Block effects of primary mediators on target cells (eg respiratory smooth muscle or vascular endothelium)
Anti histamine, cortisone
- 2) Block calcium ion influx Cromolyn
- 3) Block the effects of calcium ion influx & keep cyclic AMP (cAMP) from falling
Theophylline
- 4) Increase Production of cAMP
(Adrenaline epinephrine)

Dr. Bibhe Verma
Dept. of Zoology.