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P.G.Sem-2 Psychology Paper- CC-7 (Psychopathology)

AUTISM

Autism is a serious developmental disorder of childhood characterized by an inability to relate socially.

Leo Kanner an eminent mental health specialist who first introduced the word in 1943.

Autism derived from the Greek word 'Autos' meaning self.

Characteristics

- The most important symptoms of autistic child as described by Kanner is aloneness. The autistic infant is unable to respond in a normal way to his/her parents.
- Autistic child is lack of communication skills, mainly language problem.
- Emotional relationships with others are either totally absent or severely impaired.

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- Autistic children engage in repetitive body movements.
- More interested in non-living objects.
- A very common symptom of autism is that the speech is either lost later on or never acquired at all. This shows failure of speech development beyond a level.
- Avoidance of eye contact or poor eye contact.

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- Kanner reported that autistic children are afraid of loud noises such as the sounds made by loudspeakers, traffic horns, or whistle of the pressure cooker.
- Abnormal Body posturing or facial expressions.
- Lack of understanding social cues.
 Not engaging in play with peers.

Causes of autism

Autism is primarily caused by parental distance and aloofness. The parents of autistic children are generally passive about social relations.

The failure of close mother-child attachment in early years of development causes the child's inability to develop language and to have social interaction.

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- Neurological abnormalities caused by brain damage have been found to be closely associated with autism.
- 75 per cent of autistic children have been found to be mentally retarded. But autism and mental retardation are not synonymous.

management

- Development of regular routine
- Positive reinforcement to teach self care skills
- Speech therapy or sign language teaching
- Social skills training has demonstrated short-term improvement in social skills and emotional recognition in school-aged children.
- Parent training and education programs improve language skills and decrease disruptive behaviour.

